The Planetary Healing Centre - PHC

(A company limited by guarantee)

Scottish Charity No: SC034826 Company No: SC257126

Annual Report & Financial Statements

For the Period

6 October 2018 to 5 October 2019

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Annual Report & Statement of Account For the year 6 October 2018 to 5 October 2019

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Trustees' Annual Report

For the year 6 October 2018 to 5 October 2019

The trustees (who are also the directors of the company for the purposes of company law) present their report together with the financial statements and the independent examiner's report for the year 6 October 2018 to 5 October 2019.

Reference & Administrative Information

Charity and Company Name: Community Foundation for Planetary Healing

Also known as: The Planetary Healing Centre

Charity Number: SC034826

Company Number: SC257126

Registered Office Pirnie Ha', Cockburnhill Road, Balerno, Edinburgh EH14 7JB

Principal Address: 288 Portobello High Street, Edinburgh, EH15 2AS

Trustees Mark Halliday - Chairperson

Julie Huggins Newton Harper

Mandy Peat (Treasurer)

Anne Henderson (passed away in Jan 2019)

Claudia Goncalves (Secretary)

James Stout

Alison Buckle (from March 2019 resigned 1st Jan 2020)

Advisers Alma Shearer, Emily Boyd, Stuart Keith, Joao Lima, Sara

Beauregard, Claudia Goncalves

Company Secretary: Claudia Goncalves

Independent Examiner: Chris Smith BSc (Hons) FCIE

Bankers The Co-operative Bank

Trustees' Annual Report

For the year 6 October 2018 to 5 October 2019

Structure, Governance & Management

Governing Document

Community Foundation for Planetary Healing is a registered charity and a company limited by guarantee incorporated on 6 October 2003 and is governed by its Memorandum and Articles of Association.

Membership of the Foundation is open to all persons irrespective of age, sex, ethnicity, nationality, disability orientation, religion or beliefs who apply for membership and are approved by the Directors.

Appointment of Trustees

The Trustees, who are also the Directors of the Company, are elected by the membership at the AGM and serve for a maximum of five years when they retire from office. However, after their term of office has expired Trustees are eligible for re-election. The Trustees may at any time co-opt any person to be appointed as a Trustee to fill a vacancy in their number or as an additional Trustee, but a co-opted Trustee holds office only until the next AGM

Organisational Structure

The Trustees, who meet quarterly, are responsible for overseeing the running of the Company. Coordinators are responsible for the day to day running of the projects under the supervision of a volunteer manager.

Risk Review

The Trustees keep the risks the Trust is exposed to under review and have adopted a number of polices and procedures, as far as possible, to minimise those risks.

<u>Aims</u>

- A) To raise awareness of the benefits of a holistic approach to health and wellbeing
- B) To provide opportunities for young people and children, families, groups and individuals to connect with nature for health and wellbeing
- C) To increase access to holistic services for disadvantaged groups

Objectives & Activities

The PHC promotes healthy holistic lifestyles including therapies and activities in nature that bring real, lasting, positive change to individuals health and wellbeing. They work with people experiencing poverty, destitution, and/or poor mental or physical health.

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Holistic therapies are provided to people in and around Edinburgh who are suffering physical or mental ill-health and who are suffering financial hardship. The therapies also supports unpaid carers, people affected or recovering from cancer and young people, children and families.

The Planetary Healing Centre is located in Portobello, Edinburgh, where voluntary therapists and clients in need come together. The Centre is open six days a week, have 20 qualified volunteer therapists offering massage, reflexology, CBT, acupuncture, reiki and shamanic healing amongst other therapies. The charity counts also with another team of 30 general volunteers and two part-time employees, who cover reception and volunteer co-ordination.

As well as the holistic therapy projects in Portobello, the charity offers a nature connection program in their community woodland near Balerno, Edinburgh and also a youth nature program run at the Centre for Stewardship's woodland in Falkland, Fife.

In October 2019 The Planetary Healing Centre celebrated 16 years of existence. Its charitable work in Scotland focus on delivering holistic approaches and services to restore health and wellbeing for targeted groups. In recent years the charity began to support projects outside Scotland, supporting indigenous people who are struggling in Brazil and also supporting a project in sustainability and upcycling in Behar, one of the poorest areas of India.

In order to keep the charitable projects running, the charity run fund-raising events, rent out therapy rooms for private sessions, have local donors and run a small holistic shop as a social enterprise to raise funds. Outside support from grant providers together with fund-raising events, space rental and profit shares from the shop sales is what supports the charity in the long run.

The charity's main charitable activities this year focused on delivering the following Projects:

- 1) Holistic Health for people with Mental Health
- 2) Unpaid Carers Project
- 3) Children's Wellbeing
- 4) Connection with Nature
- 5) Holistic Support for people affected by cancer
- 8) Young People's Connection aka Youth Community Connection
- 7) Holistic Bee Keeping
- 8) Indigenous People's project
- 9) Holistic library
- 10) Bihar Project sustainability and up-cycling

Trustees' Annual ReportFor the year 6 October 2018 to 5 October 2019

The Charity achieved its overall aim through the following main charitable activities this year:

- 1) **Holistic Heath Project** The Holistic Health Project is now into its 13th year. It was created with the intention of supporting those who are struggling with their health mental, physical, emotional, social and are simultaneously in a disadvantaged financial position. This project offers a wide range of therapies.
- 2) **Stress Relief for unpaid carers** The stress Relief for unpaid Carers is now into its 3rd year. The purpose of this project is to support unpaid carers, who have been looking after someone and are feeling the weight that accompanies such responsibilities, namely: stress, fatigue, no time for themselves, lack of sleep, etc. This project offers a wide range of therapies
- 3) Children's Wellbeing The children's Wellbeing project is into its 2nd year. It was created with the intention of supporting children who are struggling with their health mental, physical, emotional, social. This project offers a range of therapies adapted and suitable for children's wellbeing.
- 4) Holistic Support for people affected by cancer (Pilot project). This pilot project offered complementary therapies to local people affected or recovering from cancer and who were also in a financial hardship. 4 volunteer therapists received training in the specific changes needed to make their therapies safe for cancer patients. In post-session feedback, some said it was healing for them to be touched in a way that was nurturing rather than being poked and prodded by doctors. Others said it was the first time they had relaxed fully since their diagnosis. Some said they felt lighter and tension free. People suffering financial hardship in and around Edinburgh find it hard to get any support for living with a cancer diagnosis. This project offers some of the support they need. The outcomes for the cancer patients is reduced stress, a greater ability to cope with the disease, and a greater sense of personal control.
- 5) Connection with Nature With grants from Co-op, the permaculture Art Nature project was delivered at the Planetary Healing community woodland in Balerno this year. During the sessions families spent quality time together connecting with nature and learning about local plants, flowers, trees, animals, birds and insects. They also made nature related crafts and learned about looking after nature. The families planted salad and harvested them with wild mushrooms from the woodland.
- 6) Young People's Connection aka Youth Community Connection YCC With grants received from Heritage Lottery as part of the Year of the Young, the PHC charity delivered this project supporting young people in their path to leadership. In this programme the young people co-created community events around the Celtic Festivals and Seasons and re-connected their family and community to their ancestral heritage. The young people were mentored to become young leaders delivering the programme using the the 8 Shields model which is used for planning events and projects and for designing peaceful regenerative communities and culture repair.

Trustees' Annual ReportFor the year 6 October 2018 to 5 October 2019

- 7) Holistic Bee Project This year the charity lost another beehive during the winter. This year they had a bee stalls at the Wellbeing Festival with books, information, tools and sold some honey. The network of people interested in learning more about looking after the bees in a holistic way is growing. The charity intends to revitalise the bee project in the coming year with 2 new hives and continue educating people in the importance to look after the bees in a holistic way. The network of like minded beekeepers who have the approach of "giving to the bees" as opposed to "taking from the bees" is growing. They share notes, help each other with the bee hives and exchange knowledge.
- 8) Indigenous People Project During this year, members of the PHC community came together to raise funds to help the Kariri Xoco tribe of Alagoas Brazil to build a flour mill to fight hunger and malnutrition in their village. This project has attracted quite a few people from the Planetary Healing Community who are interested in going to Brazil to learn and volunteer with the indigenous projects. This project started Summer 2017.
- 9) Behar Project in India During summer 2019, the board of Trustees met with Ben and Prachant who travelled from India to Scotland on motorbikes. During their 2 years journey they created many sustainability and up cycling projects, helped refugee camps and disadvantaged communities along the way. A partnership began to form to support a project in sustainability and up cycling in Behar which is one of India's poorest areas. This project has also attracted quite a few people from the Planetary Healing Community interest in going to India to learn and volunteer with the Behar project.

With the Indigenous and the Behar projects, the charity is also fulfilling one more of its constitutional aims and objectives: Promote cultural exchange and voluntary community work between the UK, the Americas and other Continent. For far 4 people from Scotland have visited the Amazon and connected with the indigenous people there.

10) Holistic Library The Holistic Library continues to grow and inspire members of the community who borrow books. The charity has now over 600 books which were donated by the community allowing others to grow and support themselves. This year the charity received so many books that it was able to sell some of the surplus by donation and generate some income for the charity.

Volunteering Programme: This year thanks to a grant received from Santander, the charity trained 16 volunteers in new holistic therapies. This year saw also an increase of 30% on the numbers of volunteers supporting the work. The charity relies heavily on volunteers to deliver the projects and in return they help the volunteers to gain experience, develop their private practice and whenever possible train the volunteers in other holistic therapies that they are not yet trained. The volunteers after being checked and accepted in the organisation receive induction training in order to be able to support the charitable projects.

Community Initiative: To support health and wellbeing, the PHC delivered a wide variety of groups, workshops, training and private therapies. Most of these activities are coordinated and facilitated by

Trustees' Annual Report

For the year 6 October 2018 to 5 October 2019

members of the community. This year these activities included: Intuitive painting, Guided Shamanic Meditation; Sound Journey; Mindfulness Classes, Women's groups and over 30 types of therapies.

Holistic Wellbeing Fundraising Festival In order to raise funds for the charity and bring the holistic community together, the PHC delivered a Holistic Wellbeing Festival in October 2018. The Wellbeing festival brought together nearly 150 people who had an opportunity to learn more about holistic therapies, participate in exciting workshops and enjoy nature connection. 25 volunteers contributed with time, skills and also helped raise funds for the charity.

Achievements & Performance Outcomes and impact of the work

II-health, mental-health, cancer, stress, poverty and nature deficit disorder are only some of the problems the people who come to the charity are facing when they come to access the Planetary Healing projects.

How success is measured.

In the Young People's Connection project aka Youth Community Connection YCC project, success was measured through a Registration form with questions on needs and

- Young person's baseline survey
- Young person's end of project survey
- Young person's end of project one-off participant's only

An Evaluation of this project is available on the charity's website.

In the Holistic Therapies Projects, the success is measured through the analysis of the Needs Assessment Form and Evaluation Forms. The former is completed upon registration with the charity and the latter is completed at the end of 4, 8 and 12 sessions. At the end of 12 sessions which is usually equivalent to a year of receiving holistic support, clients need to leave the project or can move on to private therapies, so that others in need can access the project too. If their health condition is such, they can request to continue assessing another course of treatments in the project by writing a letter to the board of trustees stating their health condition.

Trustees' Annual Report

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The figures presented below are an overview of outcomes in terms of numbers and highlights the achievement for the financial year 2018–19 in the charitable projects.

- A total of 327 therapy sessions were delivered this year in all 4 Holistic Therapy Projects
- 142 people (adults and children) received Holistic support in form of therapies
- · 30 carers accessed regular therapies in the Stress Relief for un-paid carers project
- · 10 people affected or recovering from cancer attended regularly the Cancer Pilot Holistic Project
- 71 people (32 adults, 22 children under 8yrs old and 17 young people age 8 to 26 yrs old) attended the Young People's Connection aka Youth Community Connection Project
- 34 people (19 adults and 15 children) attended the Nature Connection Project in Balerno
- Approximately 150 people attended the Holistic Wellbeing Festival
- 52 people volunteered this year
- · 1 new part time staff was recruited this year.

Users' background is usually one of hardship, trauma, illness (mental, physical, emotional), financial adversity, which negatively affects their health and wellbeing. The holistic services offered by the PHC charity provide support, a sense of belonging and community while preventing people from developing future health and mental health issues.

Financial Review

The charity managed to keep the costs of the services delivered to a minimum thanks to the generosity of the team of volunteers which, this year, contributed in kind a total of £120,850. This was estimated from £69,750 (therapists), Management (£26,500), Day to day coordination (£7,400), Board of Trustees (£10,300). Nature connection volunteers (£5,700)

Trustees' Annual Report

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Future Plans

- 1. Consolidate and strengthen the Children's Wellness project by recruiting 2 more volunteers.
- 2. Develop partnerships to implement a permaculture project which can take place at the community woodland in Balerno and or Leith Area.
- 3.Take the first steps to transform the Community woodland in Balerno into a permaculture demonstration Centre.
- 4. Develop the Charity's capacity to become a Holistic Training Centre
- 5. Continue expanding the capacity to generate funds through the social enterprise Holistic Shop and charitable activities creating more sustainability for the charity.
- 6. Nurture the potential of the Planetary Healing volunteers with more training, specially training more volunteers to deliver oncology therapies for people affected by cancer.
- 7. Bring the Cancer project to a permanent basis and scale it up within the coming financial year.
- 8. Liaise with more local GP services, Macmillan Nurses and other cancer centres.
- 9. Revitalise the Planetary Bee Project with 2 new beehives.

Mandy Peat, Treasurer

Independent Examiner's Report

I report on the financial statements of the charity for the year ended 5 October 2019 that are set out on pages 12 to 20.

Responsibilities and basis of report

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Charities and Trustee Investment (Scotland) Act 2005 ("the 2005 Act") and the Charities Accounts (Scotland) Regulations 2006 ("the 2006 Regulations") and the Companies Act 2006.

I have satisfied myself that the charity is not subject to audit under Regulation (10)(1)(a)-(c) of the 2006 Regulations or company law and is eligible for independent examination. I have therefore examined your charity's accounts as required under section (44)(1)(c) of the 2005 Act and Regulation 11 of the 2006 Regulations. In carrying out my examination I have followed the guidance issued to independent examiners by the Office of the Scottish Charity Regulator (OSCR).

My role is to state whether any material matters have come to my attention giving me cause to believe:

- that accounting records were not kept as required by section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Regulations; or
- 2. that the accounts do not accord with those records; or
- that the accounts do not comply with the accounting requirements of Regulation 8 of the 2006 Regulations; or
- 4. that there is further information needed for a proper understanding of the accounts.

Independent examiner's statement

I have completed my examination and I have no concerns in respect of any of the areas 1 to 4 listed above and I have found no other matters that require drawing to your attention.

Chris Smith BSc (Hons) FCIE

Glascairn Cottage

Aytounhill Cupar

KY14 6JH

Date: 10/3/20

Statement of Financial Activities (Incorporating Income & Expenditure Account) For the year ended 5 October 2019

	Note	Unrestricted Funds	Restricted Funds	2019 Total	2018 Total
		3	£	£	£
Income from:					
Donations & grants	5	10,159	16,545	26,704	33,202
Charitable activities	6	6,061	-	6,061	6,069
Fundraising	7	5,950	14,656	20,606	13,876
Investments		8	-	8	4
Total income		22,178	31,201	53,379	53,151
Expenditure on:					
Raising funds		-	3,428	3,428	1,457
Indigenous peoples project Brazil			7,182	7,182	7,860
Bihar Project India		-	2,513	2,513	
Charitable activities	8	20,699	23,279	43,978	35,363
Total expenditure		20,699	36,402	57,101	44,680
Net income/(expenditure)		1,479	(5,201)	(3,722)	8,471
Transfers		851	(851)	-	
Net movement in funds		2,330	(6,052)	(3,722)	8,471
Reconciliation of Funds					
Funds brought forward		1,067	15,184	16,251	7,780
Net movement in funds		2,330	(6,052)	(3,722)	8,471
Funds carried forward		3,397	9,132	12,529	16,251

The statement of financial activities includes all gains and losses recognised in the period. All incoming resources and resources expended derive from continuing activities. The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006. The notes on pages 14 to 20 form an integral part of these accounts.

Balance Sheet

As at 5 October 2019

	Note	Unrestricted Funds	Restricted Funds	2019 Total	2018 Total
		£	£	£	£
Fixed Assets					
Tangible assets	9	2,098	-	2,098	744
Current Assets					
Cash at bank & in hand		1,737	9,862	11,599	16,095
Total current assets		1,737	9,862	11,599	16,095
Current Liabilities					
Trade creditors		-	730	730	150
Accruals (examination fee)		438	-	438	438
Total current liabilities		438	730	1,168	588
Net current assets		1,299	9,132	10,431	15,507
Net assets		3,397	9,132	12,529	16,251
Funds of the Charity					
Unrestricted funds		3,397	-	3,397	1,067
Restricted funds		-	9,132	9,132	15,184
Total Funds		3,397	9,132	12,529	16,251

The directors confirm that for the financial period ended 5 October 2019: -

The accounts have been prepared in accordance with the provisions applicable to companies' subject to the small companies' regime of the 2006 Companies Act. The notes on pages 14 to 20 form an integral part of these accounts.

Mandy Peat, Treasurer

[•] the company was entitled to exemption under section 477 of the Companies Act 2006, and

no members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the 2006 Companies Act with respect to accounting records and the preparation of accounts.

Notes to the Financial Statements

For the year ended 5 October 2019

1 Basis of Preparation

1.1 Basis of accounting

These accounts have been prepared on the basis of historic cost in accordance with: -

- (a) The Charities & Trustee Investment Act (Scotland) Act 2005, and
- (b) The Charities Accounts (Scotland) Regulations 2006 as amended
- (c) The Company's Act 2006
- (d) Financial Reporting Standard 102 (FRS102) (Effective January 2015),
- (e) Charities SORP (FRS 102) (Effective January 2015)
- 1.2 The charity meets the definition of a public benefit entity as defined by FRS102.
- **1.3** The charity is dependent on the continuing support of donors. However, the trustees have no reason to consider that this will not continue or that there are any material uncertainties about the charity's ability to continue as a going concern.

2 Accounting Polices

2.1 Form of Financial Statements

The charity maintains two types of funds for accounting purposes: -

- (a) A general unrestricted fund that can be expended at the discretion of the trustees on furthering the objects of the charity, and
- (b) Restricted funds that may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

2.2 Income

- (a) Income is recognised and included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources; their receipt is probable; and the monetary value can be measured with sufficient reliability.
- (b) Where income has related expenditure the income and related expenditure are reported gross in the SOFA.
- (c) Funds received in advance and which specifically relate to a future accounting period are treated as deferred income.

2.3 Expenditure & Liabilities

- (a) Expenditure is accounted for on an accruals basis.
- (b) Liabilities are recognised as soon as there is a legal or constructive obligation to pay out resources; it is probable they will be paid and the monetary value can be measured with sufficient reliability.

Notes to the Financial Statements

For the year ended 5 October 2019

2.4 Assets

- (a) Tangible fixed assets are capitalised if they have a value greater than £250 and can be used for more than one year. They are valued at cost or, if gifted, at their value on receipt.
- (b) Depreciation is calculated on a straight-line basis to write off the cost of tangible assets over their useful economic life as follows:
 - Yurt & other equipment 20%

2.5 Debtors

- (a) Debtors are recognised at the settlement amount due
- (b) Prepayments are valued at the amount prepaid

2.6 Cash

Cash at bank and in hand includes cash and bank deposits repayable on demand

2.7 Creditors

- (a) Creditors are recognised where the charity has an obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due can be measured or estimated reliably. Creditors are normally recognised at their settlement amount, usually the invoice amount.
- (b) Accrued charges are normally valued at their settlement amount.

2.8 Taxation

The charity is not liable to income or capital gains tax on its charitable activities. Irrecoverable VAT is included in the asset cost or expense to which it relates.

3 Trustee Remuneration, Expenses and Related Party Transactions

£1,030 was paid to Claudia Goncalves, a trustee, for training and co-ordination of the Deep Nature Connection programmes. £300 was paid to James Stout, a trustee, for training. £190 was paid to Mark Haliday, a trustee, for training. These payments are permitted under Clause 5.3 of the Memorandum of Association.

No out of pocket expenses were reimbursed to charity trustees.

The charity benefits again from the donation of rent-free premises equivalent to £9,500 per annum from the co-founders Claudia Goncalves and Mark Halliday. This has been accounted for as a donation with an equivalent notional expenditure on rent.

Notes to the Financial Statements

For the year ended 5 October 2019

4. Movement in Restricted Funds

During the year, the charity maintained the following restricted income funds:

Restricted to:	Opening balance	Income	Expenditure	Transfers	Closing balance
	£	£	£	£	£
Children's Project in Brazil	100	-	-	-	100
Bihar Project - India	-	6,050	2,537	-	3,513
Nature connection - Co-op grant	223	930	1,069	-	84
Reception - Henderson Charitable Trust	1,597	10,805	10,447	-	1,955
Training	-	4,800	4,800	-	-
Indigenous People Project - Brazil	2,413	8,606	10,682	-	337
Volunteer Expenses & Computer - E<F	851	-		(851)	_
YOYP - Heritage Lottery	10,000	10	6,867	-	3,143
Total	15,184	31,201	36,402	(851)	9,132

The £851 transfer represents the value of a tangible asset that once purchased satisfied the restriction and was transferred to the unrestricted fund.

5. Donations & legacies	Unrestricted Funds	Restricted Funds	2019 Total	2018 Total
	£	£	£	£
General donations & legacies	10,159	940	11,099	11,202
Heritage Lottery Fund			-	10,000
Henderson Trust		10,805	10,805	10,000
Santander		4,800	4,800	-
Edinburgh & Lothians Trust Fund		-	-	2,000
Total	10,159	16,545	26,704	33,202

6. Charitable activities	Unrestricted Funds	Restricted Funds	2019 Total	2018* Total
	£	£	£	£
Community Initiative & Health Project	3,256		3,256	4,815
Other plus rental income	2,805	-	2,805	994
Deep Nature Connection	-			260
Total	6,061		6,061	6,069

Notes to the Financial Statements

For the year ended 5 October 2019

7. Fundraising	Unrestricted Funds	Restricted Funds	2019 Total	2018 Total
	£	£	£	£
Shop	5,300	-	5,300	-
Fundraising Festival	650	-	650	2,381
Bihar Project India	-	6,050	6,050	-
For indigenous peoples project in Brazil	-	8,606	8,606	11,495
Total	5,950	14,656	20,606	13,876
8. Charitable activities	Unrestricted Funds	Restricted Funds	2019 Total	2018 Total
	£	£	£	£
Community Initiative & Health				
Project	1,244	-	1,244	1,660
Administration	2,157	17,410	19,567	14,988
Establishment	12,804	-	12,804	12,612
Volunteer expenses	1,254	-	1,254	1,805
Volunteer training	-	4,800	4,800	-
Nature Connection	-	1,069	1,069	-
Equipment & maintenance	1,248	-	1,248	1,898
Other costs	638	-	638	1,078
Depreciation	916	-	916	462
Independent examination	438	-	438	438
Festival	_	_	-	422
Total	20,699	23,279	43,978	35,363

Notes to the Financial Statements

For the year ended 5 October 2019

9. Tangible Assets	Equipment and Yurt
Cost	£
At 6 October 2018	9,996
Additions	2,269
At 5 October 2019	12,265
Depreciation	
At 6 October 2018	9,251
Charge for the year	916
At 5 October 2019	10,167
Net book value	
At 5 October 2018	745
At 6 October 2019	2,098

Notes to the Financial Statements

For the year ended 5 October 2019

10. Previous year information

In order to comply with FRS 102 to show corresponding amounts for the previous year for every figure in the financial statements and notes (not just the prior year totals), corresponding figures not provided elsewhere in these accounts are set out below:

10.1 Statement of Financial Activities for the year ended 5 October 2018

10.1 Statement of Financial Activities for the ye	Unrestricted Funds	Restricted Funds
Income from:	£	£
Donations	12,479	20,723
Charitable activities	6,069	-
Other trading activities	2,381	11,495
Investments	4	-
Total income	20,933	32,218
Expenditure on:		
Raising funds	-	1,457
Donation to indigenous peoples project in Brazil	-	7,860
Charitable activities	24,037	11,326
Total expenditure	24,037	20,643
Net income/(expenditure)	(3,104)	11,575
Net movement in funds	(3,104)	11,575
Reconciliation of Funds		
Funds brought forward	4,171	3,609
Net movement in funds	(3,104)	11,575
Funds carried forward	1,067	15,184
10.2 Balance Sheet at 5 October 2018	Unrestricted Funds	Restricted Funds
Fixed Assets	£	£
Tangible assets	744	-
Current Assets		
Debtors	911	15,184
Cash at bank & in hand Total current assets	911	15,184
Current Liabilities	150	_
Accruals (IE Fee)	438	
Total current liabilities	588	
Net current assets	323	15,184
Net assets	1,067	15,184

Notes to the Financial Statements

For the year ended 5 October 2019

10.3 Movement of restricted funds 2017/18	Opening balance	Income	Expenditure	Transfers	Closing balance
	£	£	£	£	£
Children's Project in Brazil	100	-	-	-	100
Nature Connection - Awards for All Nature connection - Co-op	443	-	443	-	-
donations Reception - Henderson Charitable	-	223	-	-	223
Trust	637	8,500	7,540	-	1,597
Groundworks - Tesco	1,538	-	1,538	-	
Indigenous People Project	235	11,495	9,317	_	2,413
Volunteer Expenses - E<F	656	2,000	1,805	_	851
YOYP - Heritage Lottery		10,000		-	10,000
Total	3,609	32,218	20,643	-	15,184

10.4 Donations & grants 2017/18	Unrestricted Funds	Restricted Funds
	£	£
General donations & legacies	10,979	223
Heritage Lottery Fund	-	10,000
Henderson Trust	1,500	8,500
Edinburgh & Lothians Trust Fund	-	2,000
Total	12,479	20,723
40.5.5	Unrestricted	Restricted
10.5. Fundraising	Funds	Funds
	3	£
Fundraising Festival	2,381	-
For indigenious peoples project in Brazil	_	11,495
Total	2,381	11,495
	Unrestricted	Restricted
10.6 Charitable activities 2017/18	Funds	Funds
	£	£
Community Initiative & Health		
Project	1,217	443
Administration	7,448	7,540
Establishment	12,612	-
Volunteer expenses	-	1,805
Equipment & maintenance	360	1,538
Other costs	1,078	-
Depreciation	462	-
Independent examination	438	-
Festival	422_	_
Total	24,037	11,326